

STROLL®

Saddle River



**A HISTORIC DAY
IN SADDLE RIVER!**

Walsh Family Bridge
Inauguration

Client: Imperial Marble & Granite
Size: Full
Location: Standard

Client: Special Properties Div of Brook Hollow Grp Inc.
Size: Full
Location: Standard

Valentine's Day is the *perfect day*...

to make your dream home come true!



Available

SADDLE RIVER, CHESTNUT RIDGE CUL-DE-SAC
Call Sheryl today for a Private Showing!



Available

UPPER SADDLE RIVER CUL-DE-SAC
Call Sheryl today for a Private Showing!



Living your best life in Your Estate, located in a Most Prestigious Location. You cannot build this house for what you can buy it for today! CUSTOM BUILT with Poured Concrete, Steel Beams and ALL BRICK! Approximately 13,000 SF on 3 levels with 2 PRIMARY Suites, CLIVE CHRISTIAN Kitchen, 4 Car Garage, New Roof ('24), Wine Tasting Room, Media & Sound Systems, Two Kitchens, Fully Finished Walk Out Lower Level, Generator, Feng Shui ready!

Everything on Your WISH LIST! Located at the END OF THE CUL-de-SAC, a Completely & Newly Renovated Home! From the Hardwood Floors throughout, Two Story Great Room, Finished Lower Level, Oversized Freeform Pool with Spa, 5 Bedrooms/4 Full Baths & Free Bus to USR Schools! BRAND NEW 5 BEDROOM SEPTIC! All the Big Ticket and Cosmetics are DONE FOR YOU! ...JUST MOVE IN! Ready for Immediate Occupancy.



Sheryl Epstein-Romano, Broker Associate

Mobile 201.819.2999 | SherylRomano.com

Office 201.447.6100 | sherylromano1@gmail.com



Sheryl Epstein-Romano



Sheryl Epstein-Romano
Sheryl Epstein-Romano, Broker Associate, Realtor



Sherylromano_1

CHRISTIE'S
INTERNATIONAL REAL ESTATE
GROUP

SHERYL EPSTEIN-ROMANO | Broker Associate, REALTOR® Direct: 201.819.2999



SER
SHERYL EPSTEIN-ROMANO
LUXURY RESIDENTIAL SPECIALIST
SER
SHERYLROMANO.COM



SHERYL EPSTEIN-ROMANO | Broker Associate, REALTOR® Direct: 201.819.2999

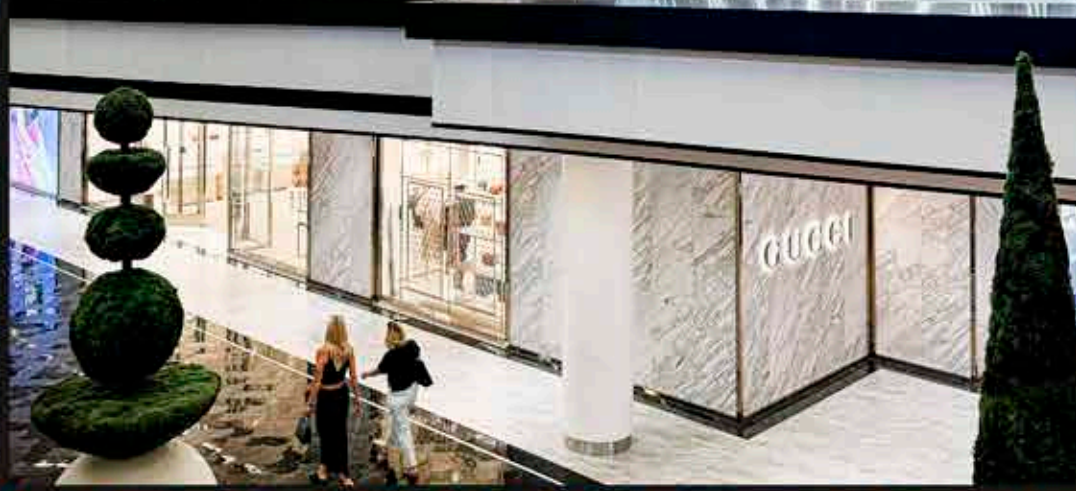
All information provided herein has been obtained from sources believed reliable, but may be subject to errors, omissions, change of price, prior sale, or withdrawal without notice and should be personally verified through personal inspection by and/or with the appropriate professionals. Christie's International Real Estate Group and its affiliates (CIREG) make no representation of any kind, warranty or guaranty as to accuracy or completeness of any information, descriptions or measurements contained herein and such should be independently verified, and CIREG expressly disclaims any liability in connection therewith. Photos may be virtually staged or digitally enhanced and may not reflect actual property conditions. All real estate companies are exclusive affiliates of Christie's International Real Estate, and not wholly owned by Christie's. If your property is currently listed with another broker, this is not intended as solicitation.

CHRISTIE'S
INTERNATIONAL REAL ESTATE
GROUP

THE AVENUE

Dream in Luxury

Explore the striking two-story setting of flagship locations for iconic fashion brands Saks Fifth Avenue, Hermès, Gucci Balenciaga, Dolce & Gabbana, Saint Laurent, and Watches of Switzerland.



AMERICAN DREAM'S UNPARALLELED LUXURY SHOPPING EXPERIENCE



OPEN SUNDAYS

Valet Available On Weekends

WESTWOOD PRIMARY
223 Old Hook Road, Westwood, NJ 07675



PRIMARY CARE · CARDIOLOGY · OB-GYN
NEUROLOGY · WEIGHT LOSS · AESTHETICS

551-309-3555



WESTWOOD SPA
245 Old Hook Road, Westwood, NJ 07675



LIVE MOSS SUPPLY CO. & BIOPHILIC DESIGN STUDIO

MOSS ACRES

SOOTHING THE SENSES SINCE 2001

**CREATING
SPACES THAT
*Breathe, Thrive,
and Inspire.***

Let us help you discover the
allure of biophilic design both
indoors and out.



James Fucetola
FOUNDER

785 Totowa Rd. Totowa, NJ
ThatMossPlace.com • 973.518.3089
Jim@mossacres.com

CHRISTIE'S
INTERNATIONAL REAL ESTATE
NORTHERN NEW JERSEY

szborovsky@christiesrennj.com
(201) 476-0777 | cell: (201) 396-0930
313 Broadway | Westwood, New Jersey, 07675



Vyacheslav "Slava" Zborovsky

20+ years experience in Real Estate | Your Saddle River Neighbor
Superior Customer Service | High-end Home Specialist



Specializing in residential buildings, car dealerships, and hospitals.

Are you involved in a board or rent/own in a property that could use a service overall? Call us for a free proposal today!

Our fully trained, experienced valet attendants will adapt to your establishment's vision, personality, and attitude to provide the perfect first impression for every guest. From restaurants to casinos and everything in between, the introductory experience provided by our valet attendants will prepare your guest to enjoy a positive interaction with your establishment.

455 Route 17
Ramsey, NJ, 07446
www.valetking.com
info@parkvaletking.com
201-773-4090



Transporting your most precious cargo since 1989.

www.jetasg.com — 917.346.8305



Management — Jet Card — Charter — Maintenance — Jet Sales

Teterboro / Belmar / White Plains / Farmingdale / Naples / Sarasota / Burbank / Appleton / Chicago

Photo credit: @lindapordonphotography for @tsgbergencounty

Top Dollar for Your Property



- Highest sold price for a Saddle River home last decade and counting.
 - Highest sold price for a vacant 2-acre Saddle River lot last decade and counting.
- per NJMLS as of 01/01/26*

Jerry DeCrosta

Broker of Record & President

C: 201-819-5860

jdecrosta@specialproperties.com

#1 OFFICE IN GROSS SADDLE RIVER SALES YTD & LAST DECADE & COUNTING

\$ volume, per NJMLS as of 01/01/26

SPECIAL PROPERTIES DIV. BROOK HOLLOW GROUP

158 W. Saddle River Rd, Saddle River, NJ 07458 (201)327-6971



All information deemed reliable but subject to change, errors & omissions.



**GET SOLAR + HOME GENERATOR + NEW ROOF
FOR \$0 DOWN!**

LEARN MORE

WWW.KHEINC.US

**Call your Local
Solar & Generator
Experts for your
FREE QUOTE
TODAY!**



GET SOLAR TODAY!

201-644-0838

SOLAR@855FIXLIGHT.COM



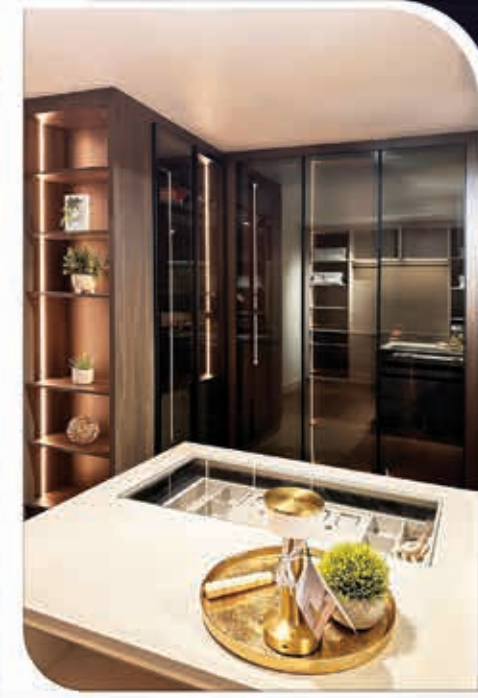
NJ Elec Lic: #6215a



4A COLLECTION
for better concepts

Beautiful Spaces Begin Here

Step inside our Cresskill showroom and discover a curated selection of materials perfect for upgrading your home or bringing your next design project to life. We invite you to stop by, meet our team, and get inspired!



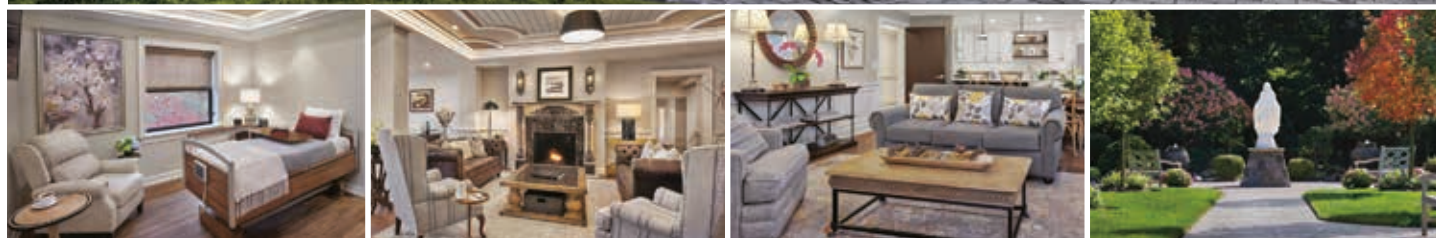
artella | **TRESETTE**
exclusive doors | KITCHENS THAT INSPIRE

Armadi Art'US | KOHLER | elica | FORTÉ | WOLF | SUB-ZERO | FISHER & PAYKEL | FRIGIDAIRE | CAMBRIA



350 Madison Ave, Cresskill, NJ 07626 New Jersey
+1 201-887-5035

info@4acollection.com / www.4acollection.com



COMFORT BEYOND WORDS CARE BEYOND COMPARE

At Villa Marie Claire, we redefine hospice care by combining compassionate support with an unparalleled environment of serenity and comfort. Nestled on 26 beautiful acres, our patient-centered, family-first approach ensures your loved ones experience every moment with dignity, grace, and peace. Our newly renovated grounds, designed to mirror the warmth of home, provide luxurious accommodations and personalized care to patients and their families. Villa Marie Claire offers a sanctuary for body, mind, and soul—because your family deserves the very best during this important time.

Visit villamarieclaire.org to learn more.

HolyName 
Villa Marie Claire

RITUAL


Ritual: The Art of Movement and Renewal

At Ritual, wellness is a refined experience — where movement, recovery, and intention come together in perfect balance. Our signature Lagree Megaformer sessions sculpt and strengthen, while contrast therapy and red light treatments restore and rejuvenate from within. Every detail is designed to nurture your body, calm your mind, and elevate your well-being.

Because true wellness isn't a routine — it's a Ritual.






49-1 W Allendale Ave Allendale, NJ 07401 • 551-500-9056
Open year round / 7 days a week

www.ritualnj.com  @ritual.nj



*You head south.
We'll head over.*



ROSS Property Management, part of Terrie O'Connor Realtors, offers full-service property management designed for peace of mind.

 propmgmt@tocr.com  tocr.com/property-management-services  732.992.4900

TERRIE O'CONNOR
REALTORS

ROSS
PROPERTY MANAGEMENT LLC.

To explore more, visit tocr.com

201.786.9055 | 75 W Allendale Avenue, Allendale NJ 07401  

LIKE A SHOWROOM, BUT SUPREME.

YOU'RE INVITED.
835 BLOOMFIELD AVE, CLIFTON, NJ
973.840.7788 | SUPREMEPLUMBING.CO



VISIT OUR SHOWROOM TO DISCOVER THE LATEST STYLES FROM TOP BRANDS. TOUR A WORLD OF ELEGANT MARBLE, GLEAMING CHROME, AND MODERN GOLD. REFRESH YOUR SPACE WITH PLUMBING MADE BEAUTIFUL.

Monday - Thursday 10-6
Friday Closed
Saturday Closed
Sunday by appointment only
Offering after-hours and Sunday appointments! Book a private visit to our showroom at a time that works for you.

 **SUPREME**
PLUMBING SHOWROOM

F. Silverman
JEWELERS



إزي
THE COLOR OF LIFE™

F. Silverman
JEWELERS

431A CHESTNUT RIDGE ROAD
TICE'S CORNER
WOODCLIFF LAKE, NJ 07677
201.930.8883
FSILVERMAN.COM





THE ULTIMATE IN SMART HOME CONTROL

SERVICING NEW YORK & NEW JERSEY 201.961.7001 www.JMGAV.com
5 Barnstable Court Saddle River, New Jersey 07458

smart homes | motorized or automated shades | custom theaters | lighting control
multizone audio | outdoor entertainment | wifi deployments | technology



SELECT 2025 LINCOLN VEHICLES

0%

APR Financing for
48 months for
well-qualified buyer*

\$0

Down Payment

0

Payments for up
to 90 Days

EXCLUDES TAXES, TITLE, AND LICENSE FEES

PLUS

\$1,000 BONUS CASH
on all 2025 Lincoln Vehicles



GET THE BEST OFFERS OF THE SEASON AT LINCOLN OF RAMSEY!



Visit Today



**LINCOLN
RAMSEY**

THREE GENERATIONS • TWO LOCATIONS • ONE FAMILY
66 ROUTE 17 NORTH RAMSEY NJ 201-849-7970 DRIVERAMSEY.COM

66 Route 17 North
Ramsey NJ 07446
551-290-5469
DriveRamsey.com



SHOP OUR
INVENTORY

*Not all buyers will qualify for Lincoln Automotive Financial Services APR financing. 48 months at \$20.83 per month per \$1,000 financed, regardless of down payment. Excludes 2025 Lincoln Navigator®. **Client can defer first payment up to 90 days. Not all buyers will qualify for Lincoln Automotive Financial Services limited-term financing. Not available on Navigator®. For APRs other than 0%, finance charges continue to accrue during deferral period. Deferred first payment not allowed in Pennsylvania on APR higher than 0%. †For all offers, place a new retail order or take new retail delivery from an authorized Lincoln Retailer's stock by 1/5/26. See retailer for details.

IMPORTANT PHONE NUMBERS

CITY NUMBERS	
911	Fire, Ambulance, Police(Emergency)
201-327-5300	Police Department
201-327-5300	Fire Department
201-327-8232	Ambulance
201-327-2609	Borough Offices
550	Administrator Ext
550	Borough Clerk Ext
228	Tax Collector
230	Tax Assessor
235	Construction Official
226	Planning
225	Zoning
235	Board of Health
244	Municipal Court
229	Finance Dept
237	Fire Official
1-800-222-1222	Poison Control

 Follow us on Instagram @SaddleRiverMagazine



strollmag.com

Delivering Neighborhood Connections
© 2026 The N2 Company, Inc.

PUBLISHER	Aaron Klein (201) 638-2218 Aaron.Klein@n2co.com
ASSISTANT PUBLISHER	Kamni Marsh strollsaddleriver@gmail.com
PHOTOGRAPHER	Andrew Fein
RESIDENT WRITERS	Alex Goldfarb Andrew Goldfarb Kendall Frances Gray Rhea Gupta Ronit Gupta Samantha Holden Salma Hassan Mayor Al Kurpis Dr. Bob Lahita Terrie O'Connor Ann Marie Olson Lauren Marie Perez Linda Rowe-Gray Dr. Michael Scognamiglio Sc.D. Blake Taranto Marcy Valetutti Paul Valetutti
RESIDENT CONTRIBUTORS	Helena Lobo-Zagorski Carolyn Palmer Tanya Valency Mark Zagorski
SPECIAL CONTRIBUTORS	Wandell School Saddle River Day School

Saddle River MAGAZINE

DISCLAIMER: This publication is also known as *Saddle River Magazine*, is owned by The N2 Company, and is not affiliated with or sponsored by any club, developer, or homeowners association. Articles and advertisements in this publication and opinions expressed therein do not necessarily reflect the views of N2 but remain solely those of the author(s) or advertiser(s). The paid advertisements contained within this magazine are not endorsed or recommended by N2.

We're proud to showcase businesses that share our commitment to fostering local connections. When perusing our pages, keep an eye out for the "Local Sponsor" icon to identify articles highlighting these valuable partners. Please note that businesses profiled may have provided free products and / or services for the review.




The yard you've always wanted

MONTE BELLO
Landscape and Construction

 contact@montebellocorp.com
 www.montebellocorp.com
  [montebellocorp](https://www.instagram.com/montebellocorp)

(845) 520-0438

STRONGER TOGETHER



Alloy Saddle River offers a premier personal training system that provides proven results for people who are focused on healthier, active lifestyles... not the latest fitness fads. We welcome people of all fitness levels. Our superior customized personal training system is uniquely focused on clients who want to be in the best shape of their lives. We know that people do better with coaching, encouragement, support and accountability.

ALLOY

PERSONAL TRAINING IN SMALL GROUPS
551-288-7424

Looking Good, Feeling Great, and living life to the fullest
alloypersonaltraining.com/location/saddle-river-nj/
info.saddleriver@alloypersonaltraining.com

SLG | SYNTHETIC LAWN & GOLF



TRANSFORM YOUR OUTDOOR SPACE
with the beauty and convenience of synthetic grass.

New Jersey's Trusted Turf Sales and Installation Services

973-796-7166 | syntheticlawnsandgolf.us
j.medeiros@syntheticlawnsandgolf.us



Client: Flow Tech Plumbing & Heating
Size: 1/4
Location: Standard

PREFERRED PARTNERS

This section is here to give our readers easier access when searching for a trusted neighborhood partner to use. Get to know the businesses that make this magazine possible. Please support them in return and thank them if you get the chance!

AIRCRAFT CHARTER / MANAGEMENT

Air Craft Services Group
(973) 864-6200
JetASG.com

ARTIFICIAL TURF & PUTTING GREENS

Synthetic Lawns and Golf
(973) 796-7166
SyntheticLawnsAndGolf.US

ATTORNEY – ESTATE PLANNING AND ELDER LAW

Power Law Firm
(201) 543-5800
powerlawfirm.com

CAFE & CATERING

Alt Eats Cafe
(201) 444-1300
AltEatsCafe.com

CAR DEALERS

Lincoln of Ramsey
(201) 849-7970
LincolnOfRamsey.com

CLEANING SERVICES

The Maids
(201) 636-0005
Maids.com/NJ/SaddleRiver

COACHING (LIFE, SUCCESS, HEALTH)

Spark the Changee
(917) 306-3603

CONSTRUCTION/REMODELING

Nebar Solutions LLC
(973) 883-6696
NebarLLC.com

ELECTRICIAN/LIGHTING

K. Hanrahan Enterprises
(201) 644-0838
855FixLight.com

EVENT SERVICES

Enjoy Your Party
(908) 735-2221
EnjoyYourParty.com

FASHION

Closet Factory
(908) 322-8270
ClosetFactory.com

FITNESS/WELLNESS

Ritual
(551) 500-9056
RitualNJ.com

FLORIST

Allendale Flowers
(201) 327-9389
AllendaleFlowers.com

HEARING CENTER

Sophisticated Hearing
(201) 445-2455
SophisticatedHearing.com

HOLISTIC HEALTH & WELLNESS

Functional Medicine Center of New Jersey
(201) 733-4225
FMCofNJ.com

HOME AUDIO VIDEO SOLUTIONS

JMG Audio Video Inc.
Jason Santlofer
(201) 961-7001
JMGAV.com

HOME HEALTH CARE

FirstLight Home Care
(201) 345-3398
GlenRockFristLightHomeCare.com

HOSPITAL

Holy Name Medical Center
(201) 833-3451
HolyName.org

The Valley Hospital
(800) 825-5391
valleyhealth.com

INTERIOR DESIGN

Barbara Ostrom Associates
(201) 529-0444

INTERIOR PLANT DESIGN & CARE

Moss Acres
(973) 980-8527
ThatMossPlace.com

JEWELRY

F. Silverman Jewelers
(201) 930-8883
www.FSilverman.com

KITCHEN & BATH DESIGN

4A Collection
(201) 887-5035
4ACollection.com

Paramus Kitchen and Bath

(201) 347-3246
ParamusKitchenAndBath.com

LAWN & GARDEN

Montebello Landscaping and Construction
(845) 520-0438

LUXURY COUNTERTOPS & STONE SURFACES

Imperial Marble & Granite
(201) 818-4567
ImpMG.com

LUXURY MALL/THEME-WATER PARKS/SKI SLOPE

American Dream
(833) 263-7326
AmericanDream.com

MED SPA / AESTHETICS

Rio Medspa
MyRioMedSpa.com

MEDICAL PRIMARY CARE AND SPECIALTIES

All Health Medical Group
(551) 309-3555
AllHealthMedGroup.com

MEN'S GROOMING

Hammer & Nails
(201) 416-6592
HammerAndNailsRidgewood.com

ORGANIC BOUTIQUE & SPA

Flora's Cottage
(201) 895-1643
FlorasCottages.com

PAINTING CONTRACTOR

Jentz Painting & Paper Hanging
(201) 615-5626
JentzPainting.com

PERSONAL TRAINING

Alloy Personal Training
(551) 288-7424

PEST CONTROL SERVICES

R. Dana Pest Control
(845) 786-5224
danapestcontrol.com

PHYSICAL THERAPY

Ivy Rehab Physical Therapy
(201) 633-2100
IvyRehab.com

PLUMBING & HEATING

Flow Tech Plumbing & Heating
(551) 218-3952

PLUMBING, HEATING & COOLING

A1 Anytime Plumbing, Heating & Cooling
(973) 202-1922

PLUMBING/BATH SHOWROOM

Supreme Plumbing Supply
(973) 840-7788
SupremePlumbing.co

POND & KOI SUPPLY STORE/SERVICES

Fitz's Fish Ponds
(908) 420-9908
FtizFishPonds.com

PRIVATE SCHOOL

Saddle River Day School
(201) 327-4050 x1106
SaddleRiverDay.org

REAL ESTATE

Christie's International Real Estate Group
Sheryl Epstein-Romano - broker associate
(201) 819-2999
SherylRomano.com

Coldwell Banker - Michael A. Randy

(201) 218-5850
www.coldwellbankerhomes.com

Jerry DeCrosa-Owner, Broker
Brook Hollow Group Inc Special Properties Div. Brook Hollow Group
(201) 819-5860
SpecialProperties.com

Slava Zborovskiy
(201) 396-0930

Special Properties Div of Brook Hollow Grp Inc.

Vicki Gaily Realtor Associate
Marketing Director and Founder
(201) 934-7111
www.specialproperties.com

Terrie O'Connor Realtors

www.tocr.com

SEWER/DRAINAGE SERVICES

Clearline Sewer
(347) 983-6165
ClearLineSewer.com

TRANSPORTATION/LIMOS/PARTY BUS

BBZ Limosine & Livery Service

Jason Messinger
(201) 501-0615
BBZLimo.com

TRAVEL AGENCY / CUSTOM TRAVEL PLANNING

Blue Diamond Luxe Travel
(845) 330-3389
BlueDiamondLuxeTravel.com

VALET PARKING

Valet King
(551) 310-5583
ValetKing.com

WATER SOFTENING/ WATER SYSTEM

Passaic Bergen Water Softening
(201) 493-1111
PBWaterSoftening.com

Client: Barbara Ostrom Associates
Size: 1/2
Location: Standard

RESIDENT WRITERS



Dr. Robert Lahita
Ask Dr. Bob



Mayor Al Kurpis
Mayor's Corner



Ravi Sachdev



Paulie Valetutti
Talking with My
Mouth Full



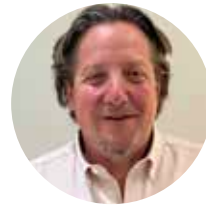
Lauren Marie
Resident Recipe



Terrie O'Connor
Real Estate News
You Can Use



Samantha Holden
Running with
the Devils



Richard Freedman
Interim Superintendent/
Principal
Wandell School



Ann Marie Olson,
Sc.D., CCC-A
Hears to Ears



Linda Rowe Gray
Your Saddle River
Homec



Sangita Naik
Closet Insider



Sirahn Toufayan



John May
A Stroll Down
Memory Lane



Slava Zborovsky
Meet Your Neighbors



Carolyn Palmer
Sculpt Your Life



Navreet Sidhu DDS
Tooth Be Told



Helena Lobo-Zagorski
Around Town Contributor



Rhea Gupta
Rhea's Reads



Salma Hassan



Ronit Gupta
Travel Tales



Barry Kraushaar, MD



Marcy Valetutti
Healthy Living

If you or someone you know receives *Stroll Saddle River* and would make a great addition to the writers listed here, please reach out to StrollSaddleRiver@gmail.com. There are so many creative ways to be a part of *Stroll Saddle River*.

We Know You've Seen Our Trucks!
Cleaning NJ Water for over 65 Years



Call today to schedule a FREE Water Test
201-493-1111

PASSAIC BERGEN
water softening

PASSAIC BERGEN WATER SOFTENING
975 GOFFLE ROAD
HAWTHORNE, NJ 07506
(201) 493-1111






SADDLE RIVER'S PREFERRED WATER SOFTENING & FILTRATION EXPERTS SINCE 1954



CALL TO SEE HOW PASSAIC BERGEN WATER SOFTENING CAN HELP YOU TOO!
(201) 493-1111

WWW.PBWATERSOFTENING.COM

- Passaic Bergen Water Softening has Been Serving the Water Treatment Needs of Northern New Jersey for Almost 70 years Now.
- We are a State Approved Vendor Through the NJ Spill Fund Program for the Certified Removal of PFA's in Saddle River.
- We Have Already Performed Many NJ State Approved POET System Installations for Your Friends & Neighbors!





Winter-Ready Home Package

- Chimney/Fireplace Liner installation & repair
- Roof, siding & exterior inspections/repairs
- Bathroom Remodeling











NEBAR SOLUTIONS LLC
CONSTRUCTION

10% off all services

973-883-6696 • NEBARLLC.COM

OUR NEWEST LOCATION IS NOW OPEN!

-FITZ'S FISH PONDS-
SADDLE RIVER


FORMERLY WATERFORD GARDENS | AMERICA'S FIRST WATERLILY FARM

74 EAST ALLENDALE ROAD, SADDLE RIVER, NJ 07458

SHOP

- JAPANESE KOI
- GOLDFISH
- AQUATIC PLANTS
- POND PRODUCTS & FISH FOOD

SCAN TO LEARN MORE!



WHAT WE DO:

- POND CONSTRUCTION & RENOVATION
- POND SERVICE & MAINTENANCE
- LANDSCAPE & HARDSCAPE
- FISH HEALTH VISITS
- KOI TRIPS TO JAPAN
- RETAIL LOCATIONS

FOLLOW US: @FFPSADDLERIVER | 908.420.9908
WWW.FITZFISHPONDS.COM

14 Werimus Brook Road

Classic brick manor on a desirable Chestnut Ridge cul-de-sac

SUBMITTED BY SHERYL EPSTEIN-ROMANO, BROKER ASSOCIATE AND CHRISTIE'S LUXURY SPECIALIST



TIMELESS ELEGANCE MEETS MODERN SOPHISTICATION in this custom-built, all-brick classic manor estate of distinction, set in one of Saddle River's most prestigious locations, on a prime, level lot!

With approximately 13,000 square feet of luxurious living space, seven bedrooms, six full and two half baths, this warm home includes nine fireplaces, Clive Christian Cabinetry, Viking and Sub-Zero appliances, two primary suites and a four car garage!

Temperature controlled wine cellar with tasting room, theater, catering kitchen that walks out to the blue stone patios and a new roof. The whole house generator is a plus.

CONTINUED ►

House Cleaning

Maid Easy

- ✓ **DEPENDABLE** tailored scheduling
- ✓ **RELIABLE** 100% satisfaction guarantee
- ✓ **CONSISTENT** professionally trained
- ✓ **TRUSTED** bonded and insured teams

- OUR SERVICES:** Move-In/Move-Out | Deep Cleaning | Recurring Plans | Post-Construction | Commercial Cleaning

Locally owned & operated
201-636-0005
Maid.com

This proper Feng Shui home is perfect for those looking to move up, include extended family living or just ready for a life of luxury! This home is available for purchase.

201-819-2999 | SherylRomano.com

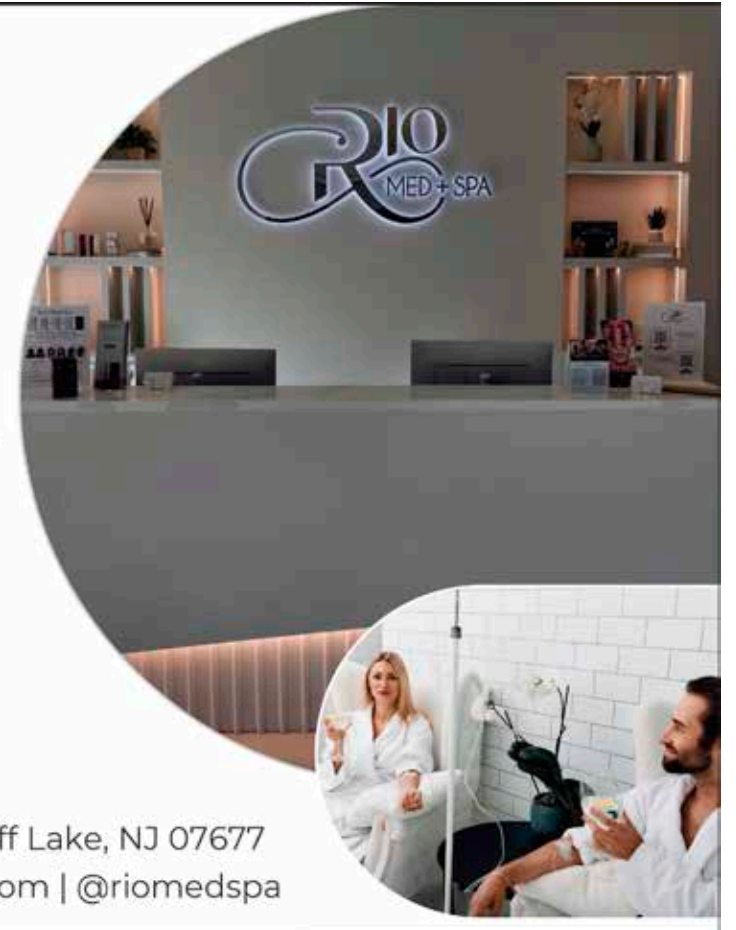


REFINE. RESTORE.
RADIATE.

Experience the Rio difference—
where wellness meets luxury.

- Injectables & Anti-Aging
- Advanced Skin Care
- Laser & Energy Treatments
- IV Therapy & Vitamin Injections
- Medical Weight Loss & Wellness

62 Broadway Suite 104-105 | Woodcliff Lake, NJ 07677
(201) 800-4772 | www.myriomedspa.com | @riomedspa



Client: Flora's Cottage
Size: 1/4
Location: Standard

Client: A1 Anytime Plumbing,
Heating & Cooling
Size: 1/4
Location: Standard

A *Historic* DAY IN SADDLE RIVER!



WALSH FAMILY BRIDGE INAUGURATION!

SUBMITTED BY RAVI SACHDEV, SADDLE RIVER RESIDENT



What a beautiful morning celebrating the inauguration of the Walsh Family Bridge — the first covered bridge built in New Jersey in over 100 years!

The bridge was originally the vision of a former Mayor who envisioned connecting the 12 acres of Rindlaub Park with the 11 acres of landlocked open space across the Saddle River. Mayor Al Kurpis with the help of Council then elevated that vision into a grander idea — creating a covered bridge that reflects the timeless beauty and charm of Saddle River. Today, that dream came to life, marking a proud moment in our town's history.

Over 150 residents and guests joined Mayor Kurpis, members of the Borough Council, our dedicated staff, the Walsh Family,





Senator Holly Schepisi, Assemblymen Robert Auth and John Azzariti, and representatives from Bergen County Executive Jim Tedesco's office and County Commissioners.

A heartfelt thank you to the Walsh Family, whose extraordinary generosity and commitment to our community made this beloved landmark possible. We also extend sincere appreciation to Chairwoman Commissioner Mary Amoroso, who spoke on behalf of County Executive Jim Tedesco and highlighted Bergen County's continued support for Open Space initiatives. The County's matching grant — combined with the Walsh Family's major philanthropic contribution — brought this project to life and stands as



ALT EATS
CAFÉ

Natural.
FRESH. DELICIOUS.

*organic meals and snacks, as well as Plant-based,
Gluten-free & Dairy-free options*

622 North Maple Avenue • Ho Ho Kus, NJ 07423
(201) 444-1300 • alteatscafe.com

“A heartfelt thank you to the Walsh Family, whose extraordinary generosity and commitment to our community made this beloved landmark possible.”





a model of true partnership between local government and community philanthropy.

The ceremony was made even more special by blessings from our local Catholic priests, followed by Wandell School students leading the Pledge of Allegiance and being the first to cross the bridge — symbolizing hope and continuity for generations to come.

An internationally renowned violinist added grace and beauty to the occasion, while the Walsh Family's sponsored caterers treated guests to a delightful (non-alcoholic) champagne toast and breakfast spread.

Thank you to everyone who attended and supported this milestone celebration. The Walsh Family Bridge now stands as a living symbol of community spirit, generosity, and our shared heritage here in beautiful Saddle River.



Providing Care

for our loved ones as they age in place

Personal Care | Companion Care
Dementia Care | Respite Care
Skilled Nursing | Live-in Care

VETERAN OWNED

Home Health Care | FirstLight

From laughing more heartily to comforting more kindly

THIS IS HOME CARE THE FIRSTLIGHT WAY

201-345-3398

Boyd Lowry, Owner

Serving all of Bergen County

glenrock.firstlighthomecare.com



Villa Marie Claire

Redefining hospice care with dignity, comfort, and compassion

Amid the quiet beauty of Saddle River, *Villa Marie Claire* stands as a sanctuary of peace and dignity—where the focus is not on dying, but on living fully for as long as possible. The facility, operated under the umbrella of Holy Name health system and guided by its founding congregation Sisters of St. Joseph of Peace, offers a rare blend of clinical excellence, hospitality, and heartfelt humanity that reimagines what hospice, and more specifically, **residential hospice** care can mean.

A Historic Legacy with a Modern Mission

Originally built in 1895 as the summer home of Thomas and Marie Claire Maloney—philanthropists whose vision and generosity later inspired the founding of *Villa Marie Claire*—the Villa carries forward a mission of compassion more than a century later. “Thomas Maloney gifted the estate to the congregation with one expectation—that it be named for his wife, Marie Claire,” explains Administrative Director **Patrick Maron**. “Over the years, it served as an orphanage, a convent, and even a school before becoming the hospice facility we know today.”

That transformation came in 2011, after the Sisters transferred the property to Holy Name. The state of New Jersey, recognizing how inadequate end-of-life care was in the region, encouraged Holy Name to create a model that could help redefine hospice statewide. “**New Jersey ranked 49th out of 50 in how we provide end-of-life care,**” Maron says. “Our mission was to reinvent how people approach it—not as the end, but as a continuation of meaningful life.”

Life with Dignity, Not Death with Dignity

For Medical Director **Dr. Charles Vialotti**, who has worked in hospice care since 1978, the philosophy at *Villa Marie*



Claire is simple but revolutionary. “When I started in hospice, we told families we offered ‘death with dignity.’ But who wants to choose something where the first word is *death*?” he reflects. “We now offer *life with dignity*—restoring control, peace, and humanity to people in their final chapter.”

At *Villa Marie Claire*, patients are not told to stop treatment or surrender their independence. “We meet people where they are,” says Dr. Vialotti. “If continuing a medication or therapy helps someone feel whole, we work with them to make each person’s time rich and meaningful—not to force them to give things up.”

That philosophy has inspired remarkable stories: weddings for long-time partners, a private racetrack experience for a young car racing enthusiast, and even a luxury car show arranged for a Twenty-two year old who loved Lamborghinis. “We once had a patient’s daughter bring in bridal gowns so her mother could see the one she’d wear at her wedding,” recalls Dr. Vialotti. “Another family held a gender-reveal cake ceremony so a grandmother could learn the baby’s sex before she passed. These aren’t just moments—they’re memories that carry on for the families.”

A Resort-Like Setting for Healing and Connection

Walking through *Villa Marie Claire* feels more like visiting a Mediterranean retreat than a medical facility. The Spanish-style architecture, terracotta-tiled roofs, and serene gardens create a space that invites reflection and calm. “We wanted to merge hospitality and healthcare,” Maron explains. “Our model brings together the best of a Four Seasons-like environment with the compassion of world-class hospice care.”

The facility offers 20 inpatient rooms and 11 guest suites where family members can stay overnight, complete with hotel-style amenities and round-the-clock access. “Families can come and go as they please—24/7,” Maron says. “We even provide turn-down service, dining options, and event planning focused around celebrations of life. The idea is to make this a place where people live, love, and remember—not where they come to die.” Family members are also welcome to stay overnight in patient rooms if that is their preference.

Dr. Vialotti adds that the environment itself can be therapeutic. “When people leave a sterile hospital setting and come here, their anxiety drops. Sometimes

their symptoms stabilize because they feel safe and peaceful. That’s the power of environment and empathy.”

Compassion That Extends Beyond the Villa

The Villa’s care model also includes outreach programs for the community, including grief counseling and bereavement support for anyone who has experienced loss—whether or not their loved one was a patient there. This summer, the staff hosted a children’s camp for 26 young people who had lost a parent within the past year. “We had lifeguards, barbecue, a bouncy house, horses for equine therapy—it was filled with laughter,” says Vialotti. “Seeing kids smile again was life-affirming.”

These programs are possible through Holy Name’s support and generous donations from families who have experienced the Villa’s care firsthand. “Many people give back because of the impact this place had on their loved one,” Maron notes. “Whether it’s a small donation or a large philanthropic gift, it all helps sustain the mission.”

Making Hospice Accessible for Everyone

Though *Villa Marie Claire* offers the comfort and refinement of a boutique resort, its mission remains rooted in compassion and inclusivity. “Families often see the beauty of the Villa and assume it must be beyond their reach,” says Maron. “In reality, most hospice services are covered by Medicare and Medicaid. For families who come to us with concerns about financial circumstances, we work closely with them to find solutions and bridge any gaps in coverage—ensuring their loved one receives the care they deserve in the setting they choose.”

That commitment to accessibility fosters a remarkable sense of community. “We’ve cared for people from every walk of life—those who arrived by private jet and those with very limited means,” Maron reflects. “By the end, their families are sitting together, sharing meals, stories, and tears. In those moments, all distinctions fade away. What remains is humanity.”

A Place of Peace and Renewal

For many families, *Villa Marie Claire* provides something profoundly

“This isn’t the place where my mother died, It’s the last living memory we have of her—and we want to cherish that forever.”

meaningful: the ability to separate the place of life from the place of passing. “Families often share that they don’t want their loved one to die at home,” says Dr. Vialotti. “They don’t want their bedroom to become a place of loss. Here, they can be together in a comforting, beautiful environment that provides both peace and full-time care.”

Villa Marie Claire’s philosophy—centered on comfort, choice, and connection—has transformed countless final journeys. “We’re not trying to take away grief,” Maron explains. “We’re trying to shape it into something sacred—a space where families can create the final, living memories they’ll forever hold close.”

Continuing the Mission

As one of the nation’s few residential hospice facilities blending resort-level hospitality with comprehensive medical care, the noble team at *Villa Marie Claire* is redefining what it means to live well with dignity until life’s inevitable transition.

Guided by faith, sustained by compassion, and made possible through philanthropy, its mission endures—to offer not only care, but comfort; not only peace, but presence; and above all, the grace to let love be the last word.

Villa Marie Claire

12 West Saddle River Road, Saddle River, NJ
(201) 783-8870
www.holyname.org/villamarieclaire



2026 REAL ESTATE FORECAST

Steady Growth and Emerging Opportunities

TERRIE O'CONNOR

We are now five years from the pandemic that brought such a frenzied market of climbing home prices, low inventory and high mortgage rates, leaving many hopeful homebuyers on the sidelines. However, the worst is coming to an end, according to National Association of Realtors (NAR) Chief Economist Lawrence Yun, as mortgage rates are easing from 2025 highs and home price gains, while still positive, much more modest compared to the pandemic boom years. Indeed, the National Association of Realtors (NAR) is projecting an increase in existing home sales of roughly 4% in 2026, driven by improving affordability as mortgage rates ease and job growth continues.

NAR's much more modest appreciation prediction of 4% this coming year remains the highest forecast. Other economists such as those at Fannie Mae are even more conservative and predict lower single digit increases (some as low as 1%) as opposed to double digit rates in the recent boom.

The Fed lowered rates in late 2025 and predictions are for three more rate cuts during 2026. Fannie Mae and many other market watchers expect the 30-year fixed mortgage rate to drift lower throughout 2026. As an example, Fannie Mae anticipates that we might even see rates slightly below 6% by year end while other economists are anticipating rates to hover around the low 6% range.

That said, supply shortages remain an issue in some markets, including ours. This could mean sellers may well still have a good opportunity to attract buyers in the short term. Meanwhile, it is clear as you travel around that builders have begun to increase housing starts.

National statistics and activity give us great insights into the future of the market



“Expect some towns in our area where there is limited inventory, strong school ratings and commuting advantages to outperform the national averages.”

as a whole but, whether buyer, seller or investor, local market dynamics are key to making informed decisions. Northern New Jersey and southern New York states remain a high cost, high demand region with strong commuter ties to New York City, limited developable land and a mix of single family, townhouses and denser rental inventory. Here's what to expect in our local marketplace as it relates to the national outlook:

- More transactions, especially thanks to first time and move-up buyers. As mortgage rates ease and buyer confidence returns, NAR's projected sales jump will mean more listings in

2026. Sellers who have been reluctant to list their home and move up because they were sitting on extremely low mortgage rates will find the new lower mortgage rates more acceptable. In our area, that will mean stronger activity among move-up buyers and sellers trading within our region, opening up the market for first time buyers.

- Prices will remain firm but not explosive and competition will remain in pockets where supply is tight. Because our area already has constrained supply near transit and top school districts, the modest national price gains of 1%-4% (depending on the forecaster) can feel stronger locally. Expect some towns in our area where there is limited inventory, strong school ratings and commuting advantages to outperform the national averages.
- Continued interest in the rental market. Higher mortgage rates from 2024-25 pushed many would-be buyers into renting. With mortgage rates easing, some of those renters may re-enter the purchase market. However, others (who now feel priced out of the market or

have enjoyed the advantages of renting) will continue to rent. Meanwhile, more homeowners are jumping on the home improvement trend and are choosing to renovate rather than move. Not only is this visible nationally, but it is felt locally as more homeowners are investing in long term living upgrades rather than relocating.

- Lower interest rates remain only one piece of the lending puzzle. The FHFA has increased conforming loan limits in 2026 which, in addition to lower rates, will slightly expand buying power. However, banks and underwriters remain cautious about debt-to-income and buyer reserves. Buyers will need to continue to be prepared with documentation and realistic expectations about what they qualify for.

Bottom line? Forecasters expect 2026 to be a recovery year for transactions, powered by easing mortgage rates and steady jobs. While price appreciation is

expected in 2026, it will be much more modest. We anticipate more buyers will likely be back in our market. Competitive bidding may exist but now only for scarce well-located properties.

Sellers: If your property is well-priced, staged and near transportation and good schools, 2026 looks favorable. Expect more showings and good offers but don't rely on the boom pricing of the last few years. Price competitively and highlight your home's best features.

Buyers: Shop smart by shopping early. While easing interest rates improve affordability, it will also bring back competition. Get ahead of it!

As we step into 2026, the residential real estate market in Northern New Jersey and Southern New York is poised for an intriguing year of opportunities and challenges. Whether you're looking to buy, sell, or invest, staying informed is essential. Let's work together to make your real estate goals a reality this year.



Terrie O'Connor Realtors is a proud member of Leading Real Estate Companies of the World, a network of leading independent real estate brokerages across the country and representing more than 70 countries worldwide, as well as the invitation-only luxury property marketing division, Luxury Portfolio International.

Established in 1991, Terrie O'Connor Realtors is a leading independent real estate brokerage committed to providing hallmark service, anticipating changing market conditions and setting the standard for excellence in the real estate industry. With seven branch offices and more than 475 licensed real estate professionals, Terrie O'Connor Realtors provides exceptional real estate services throughout northern New Jersey and southern New York states.

OUR PROFESSIONAL CHAUFFEURS, LUXURY VEHICLES, AND DEDICATION TO CUSTOMERS WILL GET YOU THERE ON TIME AND IN STYLE.

SPECIAL OCCASIONS | PARTY BUSES
 POINT TO POINT TRANSFERS | CORPORATE | NIGHT OUT
1-800-815-5466 | BBZLIMO.COM

Saddle River Sculptor CAROLYN PALMER

Honors two trailblazing women in medicine with statues at Upstate Medical University

ARA CHEKMAYAN, PHOTO CREDIT: WILLIAM MUELLER/SUNY UPSTATE MEDICAL UNIVERSITY



President of SUNY Upstate ~ Mantosh Dewan and sculptor Carolyn Palmer with Dr. Elizabeth Blackwell

IN A POWERFUL TRIBUTE TO WOMEN

who broke barriers in male-dominated professions, internationally recognized sculptor Carolyn D. Palmer was selected through a national competition by SUNY Upstate Medical University to create two larger-than-life bronze statues honoring Elizabeth Blackwell, MD, and Sarah Loguen Fraser, MD—trailblazers in the history of American medicine. The statues were officially unveiled on October 23, 2025, in the courtyard outside Weiskotten Hall at the university located in Syracuse, NY.

Palmer herself rose to prominence in the historically male-dominated field of monumental sculpture. Her work now immortalizes two pioneering women who paved the way for future generations of physicians—Elizabeth Blackwell, the first woman in the United States to earn a medical degree in 1849, and Dr. Sarah Loguen Fraser, the first African American woman to graduate from SUNY Upstate Medical University in 1876.

“As a woman sculptor, I can’t help but imagine the courage it took to step into a man’s world of medicine in the 1800s. I

really connected to their feminine strength, and it meant so much to me to honor these incredible women in bronze.”

The larger than life-size 6-foot-2-inch bronze statues, each weighing 375 pounds, flank the courtyard entrance to Upstate University’s medical building. Together, they greet students, faculty, and visitors with a message of vision, compassion, and perseverance.

Palmer’s notable works are permanently installed in prominent museums and public venues nationwide, including four larger-than-life bronze papal busts at the entrance vestibules of St. Patrick’s Cathedral on Fifth Avenue in Manhattan; bronze busts of Franklin and Eleanor Roosevelt at the entrance to the Franklin D. Roosevelt Presidential Library and Museum; the updated Lucille Ball sculpture for her hometown park in Celoron, New York; and a life-size statue of Frank Sinatra set against the Manhattan skyline along the Hudson River. These commissions represent just a portion of her extensive public body of work, which can be viewed at www.palmersculptures.com.

Palmer said she was inspired not only by the accomplishments of Blackwell and Loguen Fraser but by their unyielding spirits. *“I felt a personal connection to their perseverance—it reminded me a lot of the challenges I’ve faced in my own life as a sculptor.”* Palmer said.

Elizabeth Blackwell, MD, graduated as valedictorian from Geneva College



Dr Elizabeth Blackwell by Carolyn Palmer



Sculptor Carolyn Palmer speaking at doctors unveiling-5



Dr Elizabeth Blackwell Unveiling

of Medicine (now part of SUNY Upstate) in 1849, becoming the first woman in the U.S. to earn a medical degree. She later founded the New York Infirmary for Women and Children. Sarah Loguen Fraser, MD, class of 1876, was the first Black woman to graduate from SUNY Upstate and went on to become the first female doctor in the Dominican Republic and the fourth African American female physician in the United States.

Palmer was selected not only for her exceptional skill in figurative likenesses, but also for her vision of creating a living narrative within Upstate University’s entrance courtyard: Visitors first encounter Dr. Sarah Loguen Fraser on the right, gently extending a welcoming hand along the walkway while carrying a medical bag in the other. On the left, near the building entrance, stands Dr. Elizabeth Blackwell, her raised hand guiding students toward the doors, three books tucked beneath her arm, symbolizing her lifelong dedication to education and medicine.

The statues are filled with subtle symbolism. A monaural stethoscope tucked into Blackwell’s coat pocket reflects the medical tools of her era, as well as her work in gynecology. Palmer noted that the primary challenge lay not only in achieving accurate likenesses—particularly with limited reference photographs—but in conveying both the medical roles these women held and the essence of each woman’s character.

“Dr. Loguen Fraser specialized in pediatrics and obstetrics, and I wanted to portray her compassion, so I tilted her head just slightly. From one angle she

looks somewhat serious and determined, and from another you can really sense her empathy. Dr. Blackwell also practiced obstetrics but was a professor of gynecology and deeply committed to education, so I have her gazing toward the university with a furrowed brow that reflects her visionary dedication to the future of medical education.” Palmer said.

Palmer’s installation adds a permanent, visual representation of the university’s mission to prepare future leaders in medicine and to honor those who forged the path.

Together, the project stands as a testament to three women—a sculptor and two physicians—who, in their own eras, challenged the status quo and redefined what women could achieve in their fields.



Medical students unveiling Dr. Sarah Loguen Fraser



Carolyn Palmer interview with Dr. Blackwell behind her

TALKING WITH MY MOUTH FULL:



STORIES FROM OUR FAMILY KITCHEN

Adirondack cabin food

BY PAULIE VALETUTTI



Every February, we pack the car the same way. Skis wedged just right, boots clunking in the back, gloves stuffed into pockets where they won't fall out. The drive north to the Adirondacks is long enough for snacks, stories, and the quiet excitement that only comes with knowing snow is waiting for you.

The Adirondacks are a special place for our family. The air feels sharper there, cleaner and everything moves at a different pace. Days are spent on the mountain hitting our favorite trails. By early afternoon we are a mish-mosh of cold cheeks, tired legs, and that deep hunger that only comes from being outside all day. By the time we get back to the cabin, no one is asking what's for dinner. They're asking *when*.

This is where cabin food matters most.



After skiing, food isn't about trends or presentation. It's about warmth. It's about sitting down in wool socks while letting the fire warm you up and the aroma from the stove be your appetizer. It's the reward at the end of a long, cold day and in our cabin, it's usually chili.

I learned early on that ski-trip cooking has its own rules: it has to be filling, forgiving, and able to feed whoever wanders in. It needs protein to rebuild tired muscles, carbohydrates to refuel, and enough richness to feel indulgent. Most importantly, it needs to be easy enough that no one misses out on the fire, the board games, or the early bedtime that inevitably follows a full day outside.

My wife and daughter come in from skiing flushed and grinning, boots kicked off in a heap, my daughter announcing she's "never been this hungry in her



whole life." That's when I know dinner is doing its job.

This Adirondack chili has become our tradition: smoky, rich, and deeply comforting. It's the smell that fills the cabin, the sound of bowls clinking, the quiet that settles in once everyone is fed.

By the end of the night, the skis are stacked by the door, the fire has burned low, and the cabin is quiet except for the wind outside. These are the moments that linger, not just the skiing, but the coming back in. The warmth. The meal. The feeling that you're exactly where you're supposed to be.

The Adirondacks have given us many things over the years. This is one of my favorites.

Happy Winter!



ADIRONDACK SKI-TRIP CHILI

Serves: 6-8

Ingredients

- 1 tbsp olive oil
- 1 lb ground beef or bison
- 1 onion, diced
- 3 cloves garlic, minced
- 2 tbsp chili powder
- 1 tsp smoked paprika
- 1 tsp ground cumin
- ½ tsp oregano
- 1 can crushed tomatoes
- 1 can diced tomatoes
- 2 cans beans (kidney, black, or pinto), drained and rinsed
- 1 cup beef broth
- Salt and pepper to taste

Instructions

1. Heat olive oil in a large pot. Brown the meat with the onion until cooked through.
2. Add garlic and spices and cook until fragrant.
3. Stir in tomatoes, beans, and broth.
4. Simmer uncovered for at least 30 minutes (longer if you have the time).
5. Season to taste and serve hot.
6. Cabin Serving Tip: Set out toppings and let everyone build their own: shredded cheese, sour cream/ yogurt, sliced avocado, or crushed tortilla chips.



Saddle River Resident, Husband, Dad, Chef Paul "Paulie" Valetutti is a girl dad, husband, chef and Saddle River Resident. A Bosco and Rutgers Alumnus, he grew up in Mahwah and has cooked professionally in Arizona, New York, France, and Italy.

He and his family love to travel, ski, and of course, eat! He is very passionate about the experiences available in life.

Valentine Crafts

Paper Bag Heart Air Balloon Craft

MATERIALS

- Cardstock – red or pink
- Brown paper lunch bag
- Brown marker
- Scissors
- Glue stick

INSTRUCTIONS

1. Create a heart template.
2. Trace the template on the color heart of choice. Cut out. You will need 3 hearts.
3. Fold each of the hearts in half.
4. Glue one side of one folded heart to the side of another heart. Repeat for all 3.
5. Unfold the hearts and you should now have a 3D heart.
6. Now, cut a paper bag in roughly half. Keep the half with the flap.
7. Cut the bag into a basket shape, leaving two sides and cutting out the rest under the flap.
8. Next, use the brown marker to make a basket weave pattern on the paper bag.
9. Finally, glue the hearts to the basket.



Make My Heart Flutter Valentine Craft

MATERIALS

- washable paint
- construction paper
- googly eyes
- pipe cleaners
- glue
- marker

INSTRUCTIONS

1. First, cut two large hearts out of construction paper. You can use any color paper.
2. Next, paint your child's hand with washable paint and stamp it onto both hearts. Make sure you let the paint dry before moving on to the next step.
3. After it's dry, glue the two handprint hearts together.
4. Cut out a long oval for the butterfly's body. Then write the words "You make my heart flutter" on it.
5. Glue the body in between the two hearts. Cut out a small heart for the head.
6. Glue on the googly eyes, pipe cleaners, and draw a smile.



Coffee Filter Heart Suncatchers

MATERIALS

- Coffee filters
- washable markers
- scissors
- water bottle

INSTRUCTIONS

1. Fold the coffee filter in half and cut a heart shape.
2. Color the coffee filter using washable markers
3. Spray the coffee filter gently with water and allow to dry.

Easy Tissue Flowers

MATERIALS

- Tissue Paper
- Floral wire, twist ties, string, ribbon, or stapler + staples
- Scissors
- Ruler or measuring tape

Step 1: Stack & Fold Your Sheets

The larger the flower, the more layers you will need to make the end product look fluffy and full.
sheet size = number of layers = flower size
 18 x 16in. Sheets = 10+ Layers = ~16in. Flower
 15 x 13in. Sheets = 8+ Layers = ~15in. Flower
 12 x 10in. Sheets = 6+ Layers = ~10in. Flower
 10 x 8 in. Sheets = 5+ Layers = ~8 in. Flower

Stack your layers neatly in front of you. (If using larger sheets folded to a certain side, make sure all your folds are stacked along one edge.)

Now accordion-fold back and forth in 1 to 2 inch increments, until you've folded the entire length of tissue paper. Larger tissue paper flowers get a 2-inch width fold, smaller tissue paper flowers can be folded into 1-inch increments.

Step 2: Notch, Trim, & Tie

Now that your sheets are folded into an accordion, trim a notch on either side in the center of your bundle.

Then, trim the ends of your accordion to create the petals of your flower. *Cut rounded ends to create a carnation or peony or try pointed ends for a mix between a dahlia and a chrysanthemum!*

Tie a floral wire, raffia, ribbon, or clear fishing line tightly in a knot in the center where we just cut the notches.

Make sure this knot is secure – it will be hard to access it once we fluff out the flower petals. Also, be careful not to tie it too tight, or it may rip through the tissue!

Step 3: Fluff & Style

One sheet at a time, pull the petal layers away from the center at a 90-degree angle, forming your flower's



petals. Alternate sides until all the layers have been pulled out of the accordion.

Continue to fluff the tissue paper as needed to fill out the center and hide your knot inside.



ENJOY YOUR PARTY
EVENT STAFFING

MAY YOU ALWAYS HAVE REASONS TO Celebrate!



Servers • Bartenders • Chefs • Captains
For Private Homes, Weddings, Galas & Corporate Dining

Event Planning and Coordinating, Unique Venues, Caterers, Rentals, Décor and Entertainment

Office@EnjoyYourParty.com | 908-735-2221
Serving All of New Jersey

Curiosity in Action

Building scientists at Wandell School



AT WANDELL SCHOOL, science instruction is intentionally designed to do more than teach facts. From kindergarten through fifth grade, students are immersed in hands-on, inquiry-based learning that builds critical thinking, collaboration, and a deep understanding of how the world works. This thoughtful, vertically aligned approach ensures that by the time students reach fifth grade and take the New Jersey Student Learning Assessment (NJSLA) in Science each May, they are confident, prepared, and excited to demonstrate their learning.

Leading this work is Ms. Tandara, whose dynamic teaching style and creative lesson design have made science one of the most anticipated parts of the school day. Her classroom is a place where students are encouraged to ask questions, take risks, test ideas, and think like real scientists. The joy

students bring into science class is matched by the rigor of the learning taking place.

A cornerstone of science instruction at Wandell is the consistent and explicit use of the scientific method. Beginning in the early grades, students learn how to observe, ask questions, develop hypotheses, conduct investigations, collect and analyze data, and draw evidence-based conclusions. These skills are revisited and expanded year after year, laying a strong foundation for complex scientific reasoning and assessment success.

One standout example is the Scientific Method Paper Airplane Experiment in third grade. Students investigated how different wing designs affect flight distance, an engaging challenge that connected directly to their interests. They designed fair tests, measured distances in yards, organized

results into bar graphs, and analyzed patterns in their data. This type of investigation mirrors the expectations students encounter on state assessments and in future science coursework, while keeping learning fun and meaningful.

Students also explore foundational physical science concepts through projects such as Changes in States of Matter. After selecting a specific change, such as melting, freezing, vaporization, condensation, sublimation, or deposition, students created detailed posters that included definitions, real-world examples, visuals, and explanations of particle movement. Teaching states of matter before weather and the water cycle provides a critical scientific foundation, helping students understand why processes like evaporation and condensation occur, rather than memorizing steps without

meaning. This sequencing strengthens students' ability to explain cause-and-effect relationships across Earth and physical science concepts.

Throughout the year, students participate in science stations and choice-based learning, allowing them to engage with content in multiple ways. In units on force and motion, energy, weather, and the water cycle, students watch videos, read informational texts, sort and analyze data, build models, explore materials, and apply scientific vocabulary accurately. These experiences promote differentiation, deepen understanding, and strengthen the reading, writing, and analytical skills essential for scientific literacy. The year begins with the Saving Fred engineering challenge, a hands-on introduction to science for first, third, fourth, and fifth graders. Using limited materials, students collaborate to solve a problem, practicing communication, teamwork, perseverance, and problem-solving. This challenge sets the tone for the year, reinforcing that science is an active, collaborative process grounded in creativity and evidence.

Students also maintain Interactive Science Notebooks, which support accountability, reflection, and formative assessment. These notebooks allow students to document investigations, track their thinking, and connect learning across units, helping teachers monitor progress and provide meaningful feedback.

Most recently, students completed Weather and Water Cycle projects using a choice board that allowed them to demonstrate understanding in a variety of ways. From building 3D models and creating presentations to designing games and acting as meteorologists, students



Students are building the skills necessary for assessment success and future STEM learning, while also developing a lifelong love of discovery.

applied their knowledge creatively while meeting clear academic expectations. The resulting projects showcased strong content knowledge, scientific vocabulary, and pride in learning.

Looking ahead, fifth-grade students are eagerly anticipating an upcoming trip to the Buehler Challenger & Science Center, where they will participate in Lunar Quest, an immersive space simulation focused on lunar exploration. In preparation, students are engaging in pre-mission training that includes learning mission vocabulary, studying the history of moon missions, practicing measurement and data analysis, and working collaboratively to solve real-world problems. This experience allows students to apply classroom learning in an authentic, high-interest environment while strengthening STEM skills and teamwork.

What truly distinguishes science at Wandell is the balance between academic rigor and genuine excitement. Students are building the skills necessary for



assessment success and future STEM learning, while also developing a lifelong love of discovery. Ms. Tandara's enthusiasm, creativity, and commitment ensure that students arrive each day eager to learn, confident in their abilities, and ready to think like scientists.

At Wandell School, we are proud to prepare students not just for a test, but for a future rooted in curiosity, critical thinking, and a passion for learning.



Jennifer Macones, Ed.D.
Superintendent / Principal
Saddle River School District
(201) 327-0727



RAIN ON MY PARADE

BY SIRAHN TOUFAYAN



Saddle River Resident,
and a freshman at
Northeastern University



Engulf me in your embrace
As I step out into the grey,
Mix and mask the tears on my face,
Cleanse me and cloak me from the light of day.

Your weight will ground me,
Push me down by my shoulders,
And remind me kindly
The realities of getting older.

Wash away my minds ramblings,
Drip down my brow with care,
Hurt and heal my confused feelings
As you soak the ringlets of my hair.

I feel your pain, hear you weep;
The song of your sorrows break my solitude,
The echoes of your cries resonate deep
Within my heart, my soul: it intrudes.

Fall onto me, I will catch you in open arms,
Every drop, every strike of your hands,
I know is not meant to harm,
No matter your struggles, my love always stands.

The door to salvation before me lies,
Yet I make no move to advance,
Instead I stare up into your grey skies,
And show you that yes, I understand.

Rain down, let it all out,
Pelt me with your pain,
I can help you hold it, no need to be proud,
Together we will scrub out life's stains.



Tired of not feeling your best?
Let us help you uncover the root cause and take back
control of your health.
Visit our web site to schedule your discovery call and
start your journey to better health.

Dr. Kelly Blundy DC
IFMCP, DNM

Dr. Nicole Anderson, MD
FAAP, IFMCP, LLMD, CPAAM

fmcofnj.com

Conveniently located at:
70 East Allendale Rd,
Saddle River, NJ 07458



KEEP YOUR DAY — AND YOUR PIPES — RUNNING SMOOTHLY

- Main Sewers
- Video Inspection
- Water Jetting
- Toilets, tubs and sinks
- AC drains
- Yard and floor drains
- and much more...

CLS

CLEARLINE SEWER



347.983.6165
clearlinesewer.com

GIFTCARDS AVAILABLE

MEMBERSHIPS AVAILABLE

A GROOMING LOUNGE DESIGNED FOR MEN



OUR SERVICES:

- Haircuts
- Skin care
- Beard Grooming
- Wax
- Face or Head Shave
- Manicure/Pedicure



381 NJ-17, Ridgewood, NJ 07450
(201) 416-6592 · ridgewood@hngrooming.com

YOU LEAD THE VISION, WE HANDLE THE JOURNEY.



Amanera,
Dominican Republic



Jack Kirshenbaum

LET'S CONNECT
845-330-3389

www.bluediamondluxetravel.com | jack@bluediamondluxetravel.com

COLORS OF THE YEAR 2026 A Year of Mood, Calm & Personality

SAMI DUSSIN

IN 2026, PAINT BRANDS SEEM less interested in loud trends and more interested in mood, comfort, and timeless style. Some go soft and calming, others lean into rich, earthy depth, and a few bring jewel-like drama.



KEY 2026 COLORS OF THE YEAR

Pantone – Cloud Dancer (PANTONE 11-4201)

For the first time, Pantone chose white as the Color of the Year.

- A soft, airy off-white/white neutral
- Cloud Dancer is described as “a breath of calm,” ideal for creating light, airy spaces. Great for living rooms, homes with minimalist or Scandinavian-adjacent style, or as a backdrop where you want art, furniture or textiles to pop.

BENJAMIN MOORE – SILHOUETTE AF-655

- A rich espresso-brown with subtle charcoal undertones — kind of like a perfectly tailored suit in paint form.
- Sophisticated and versatile: use it as a moody neutral in a living room, office, or bedroom — especially paired with warm woods, metal accents, or soft lighting to bring warmth and depth.



BEHR – HIDDEN GEM (N430-6A)

- A smoky blue-green, leaning jewel-toned but grounded — calm, cozy, a little moody.
- Perfect for bathrooms, home offices, kitchen islands, or built-ins. On cabinetry or accent walls, it brings calm sophistication. Pair with brass, wood, or cream accents for a grounded but baroque-touch vibe.

VALSPAR – WARM EUCALYPTUS (8004-28F)

- A muted sage-green with gray/blue undertones, earthy and relaxing.
- This shade brings nature inside — perfect for bedrooms, reading nooks, or cozy living spaces. It pairs beautifully with warm woods, natural textures, and vintage or retro-inspired décor.



Sami Dussin is trained in Architecture, Urban Design and Interior Design. Home is where our stories are written. Let's be creative!



DUTCH BOY PAINTS – MELODIOUS IVORY (313-2DB)

- A soft creamy beige / warm neutral — a timeless choice that works across many design styles.
- Think of it as the “calm blank canvas” for homes: great for walls, trim, or whole rooms if you want a neutral base that won't date or fight with furniture and art.



GRAHAM & BROWN – DIVINE DAMSON

- A deep, moody plum / cherry-berry — bold but sophisticated, leaning moody and dramatic.
- Ideal for intimate spaces: think a moody bedroom, a cozy study, or a dramatic dining room. Works beautifully with warm metallics, wood, and softer neutrals to balance its intensity.

HOW TO INCORPORATE THE NEW COLORS

- Layer neutrals + bold mood tones: Use a neutral like Cloud Dancer or Melodious Ivory on most walls, then highlight one wall or an accent piece with Hidden Gem or Divine Damson for depth and personality.
- Nature meets softness: Warm Eucalyptus is amazing with woven textiles, wood furniture, plants, and soft lighting — perfect for a relaxing, back-to-nature vibe.
- Sophisticated and cozy: Silhouette AF-655 turns a room into something that feels elegant and grounded — ideal for a study, living room, or anywhere you want “grown-up comfort.”
- Don't shy away from drama: Deep jewel/plum tones like Divine Damson make small rooms feel luxurious — pair with toned-down neutrals so the room stays balanced.

2026 feels less about loud trends and more about creating spaces that feel good — quiet, calm, grounded, and intentional. Whether you love soft natural light and serenity, or depth, mood, and cozy sophistication, this year's palette gives plenty of options.

Happy New Year
Xoxo
Sami

YOUR CLOSET IS A CANVAS

Reinspire

closetfactory

the art of organization

Call for a free Virtual or Hybrid Design Consultation and estimate today!

(908) 322-8270

www.closetfactory.com

©2022 Closet Factory. All rights reserved. L.L. #201901-40800

WALK-IN CLOSET

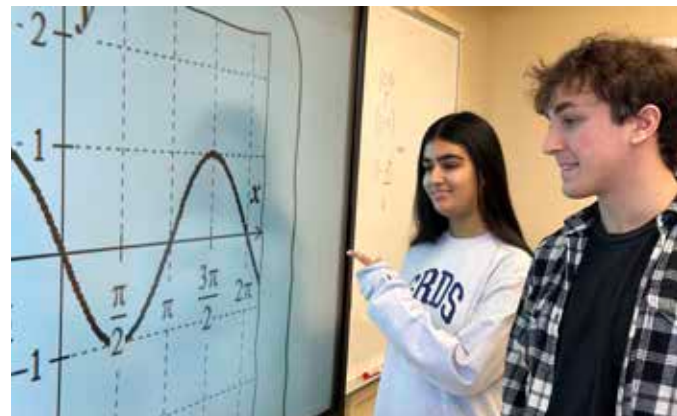
CLOSETS • GARAGES • HOME OFFICES • ENTERTAINMENT CENTERS • WALL BEDS • WALL UNITS • LAUNDRY ROOMS • PANTRIES • CRAFT ROOMS • MUD ROOMS • WINE ROOMS



New academic building, Main Hall

Make Your Summer Count

Advance, explore, and earn credit at Saddle River Day School



IS YOUR CHILD LOOKING TO get ahead, earn high school credits, or explore exciting new interests this summer? The **Saddle River Day School (SRDS) Summer Academy** offers a focused and challenging curriculum that allows students in grades 5–12 to advance their studies and gain credits in an enriching, inspiring, and dynamic environment.

“Students leave our program with increased self-confidence, newfound skills, and a true sense of accomplishment. Our curriculum provides a rigorous summer learning experience that emphasizes both depth and academic advancement,” says Erica Cohen, Director of Enrichment Programs at Saddle River Day.

The SRDS Summer Academy features a wide range of academic opportunities, including full-credit, semester-credit, and elective courses at both honors and college-prep levels across the sciences, mathematics, world languages, and humanities. Students can also dive into engaging elective topics such as research and writing or speech and debate.

Whether mastering the Periodic Table in chemistry or exploring innovation through 3D printing in design thinking,

students are encouraged to think critically, collaborate, and create. Middle School learners can benefit from competency-based classes designed to strengthen foundational skills and prepare them for future academic success.

Post-academy feedback consistently highlights the strong, supportive relationships built between students and staff. Instructors work closely with learners to ensure they feel encouraged, motivated, and connected. Saddle River Day School educators are celebrated for their expertise, unwavering support, and clear, effective teaching—empowering students to approach their coursework with confidence.

For further information on course offerings and registration, visit: www.saddleriverday.org/academics/summer-academy



Before Vanderbilt, Duke, Cornell or Johns Hopkins, you need...

AN EXCEPTIONAL MIDDLE SCHOOL



Accelerated courses and academic competitions in math and science

Capstone research projects

Business and entrepreneurship classes beginning in **7th grade**

A FORMATIVE LOWER SCHOOL



Inquiry-based science curriculum developed by the National Science Resources Center

Supplemental opportunities through our After-School Academy

Project-based learning that leads to entrepreneurial mindsets

A CHALLENGING UPPER SCHOOL



40+ AP and college-level courses

Nationally recognized Gateway Honors Diploma Program

Personalized college counseling beginning in **9th grade**

You need Saddle River Day School.



SCHEDULE A PERSONAL TOUR
Transportation available.

Pre-K 3 to Grade 12
Saddle River, NJ
201-327-4050





HEARING THE LOVE

How to communicate better with loved ones who struggle to hear

BY DR. ANN MARIE OLSON

February is a month centered around connection — sharing moments, laughter, and meaningful conversation with the people we love. But when someone has hearing loss, even simple conversations can become stressful or exhausting. Misunderstandings happen more often. Voices blend together in busy restaurants. “Never mind, it’s not important,” becomes a familiar phrase.

The good news? A few small communication changes can make a big difference in how well your loved one can hear — and in how connected you both feel.

Start by gaining their attention before you speak. Saying their name, gently touching their arm, or making eye contact gives the brain time to “tune in.” Whenever possible, face them directly so they can see your expressions and lip movements. This visual support naturally helps fill in missing sounds.

Background noise can be a major challenge. Turning off the TV or choosing a quieter table allows speech to come through more clearly. And instead of repeating the same words louder, try

rephrasing the sentence — sometimes different sounds are easier to understand.

Patience also plays a role. Hearing loss doesn’t simply make speech quieter — it can distort it. Your loved one may need an extra moment to process what they heard. Encouragement and understanding go a long way.

And if you or your partner uses hearing aids, make sure they are working properly and being worn consistently. Today’s technology can significantly improve clarity, especially in group or noisy settings.

Healthy communication strengthens relationships. By slowing down, facing each other, and creating listening-friendly environments, couples and families can stay closely connected — not just in February, but throughout the year.

If hearing loss has been making conversations more difficult, we’re here to help. To schedule a hearing evaluation or hearing aid check, contact **Sophisticated Hearing in Ridgewood** or visit sophisticatedhearing.com. We’d love to support you in hearing — and feeling — the love in every conversation.

Dr. Ann Marie Olson
Sophisticated Hearing



Owner and audiologist at Sophisticated Hearing – Ridgewood, NJ, and Saddle River Resident
Ann Marie Olson, Sc.D., CCC-A
NJ Audiologist Lic #41YA00082000
NJ Hearing Aid Dispenser Lic #936

TAKE CONTROL OF YOUR HEARING TODAY!

CALL TO SCHEDULE A DEMO OF THE LATEST ADVANCEMENTS IN HEARING AID TECHNOLOGY!

Helping Bergen County Hear Better Since 2005



Dr. Ann Marie Olson
Doctor of Science in Audiology
NJ Audiologist Lic # 41YA00082000
NJ Hearing Aid Dispenser Lic #936



Dr. Donna Szabo
Doctor of Audiology
NJ Audiologist Lic # 41YA00004600
NJ Hearing Aid Dispenser Lic #489

When You Are Ready To Hear, We Are Ready To Help

1-551-400-8260
www.sophisticatedhearing.com
531 North Maple Ave, Ridgewood, NJ



EFFECTIVE SOLUTIONS



Pest control for a kid & pet-friendly environment

KEEP OUT UNWANTED GUESTS

- Rodent control
- Animal exclusion
- Wildlife management
- Commercial bio-sanitation
- Attic/Crawl space remediation

Welcome to the family
DISCOUNT OFFER
MENTION THIS AD
AND GET 10% OFF

BOOK A FREE INSPECTION TODAY!



New York & New Jersey
www.danapestcontrol.com
info@danapestcontrol.com
(877) 966-2847



Painting Is an Art; Your Space Is Our Canvas



Exceptional Interior Painting
Top-Quality Exterior Painting

201-986-9892 • jentzpainting.com

"Spring is Nature's Way of Saying, Let's Party"

...ROBIN WILLIAMS

Let us decorate your next event!

- EVERY DAY AND SPECIAL OCCASION FLORALS
- VOLUSPA CANDLES, ARTISAN CHOCOLATES AND HOSTESS GIFTS
- BLOOMING, SPRING AND GREEN PLANTS



ORDER ONLINE OR IN STORE | 72 W Allendale Ave, Allendale NJ 07401
201.962.7272 | info@allendaleflowers.com | www.allendaleflowers.com



Seasons of Love!

There are 15 clever differences hidden in this heart-filled scene—can you find them all before time runs out?



Think you cracked it? Scan to check your answers!



POWER LAW

ESTATE & TAX ATTORNEYS

Helping Families Preserve Their Wealth For Over 30 Years

Jinhee Bae
Christine M. McGuire
ATTORNEYS AT LAW

Power Law Firm LLP
Continental Plaza
433 Hackensack Ave., 1st Floor
Hackensack, NJ 07601



201-543-5800
WWW.POWERLAWFIRM.COM

WILLS AND TRUSTS | PROBATE AND TRUST ADMINISTRATION | MEDICAID & ELDER LAW PLANNING
SPECIAL NEEDS PLANNING | BUSINESS OWNERS & ASSETS PROTECTION | MINOR CHILDREN AND YOUNG ADULT PLANNING



Make your interior really stand out from the crowd.



0% FINANCING UP TO 18 MONTHS



FULL KITCHEN AND BATH REMODEL SERVICE
DESIGN CONSULTATION TO INSTALLATION
PARAMUSKITCHENANDBATH.COM • 201-347-3246
300 NJ-17 NORTH, PARAMUS

Mentoring for Kids & Teens

Helping them grow with confidence, balance & purpose.

Is your child feeling stressed, overwhelmed, or unsure of themselves?

Through supportive 1:1 mentoring, they'll gain tools to manage emotions, build focus, and grow into their best selves.

Your child will:

- Build confidence & self-esteem
- Learn healthy ways to handle stress
- Improve focus & motivation
- Strengthen communication & resilience

You'll see a more confident, balanced, and motivated child—ready to take on challenges at school and in life.



- Free 15-minute consultation
- In-person or online | Certified youth mentor & coach

Dinika Gandhi

Email: dinika.gandhi@gmail.com
Phone: 917-306-3603
Instagram: @sparkthechangee

Certified Life, Health & Wellness Coach
1:1 Coaching | Small Groups | Workshops
Break patterns. Find calm.
CREATE MEANINGFUL CHANGE



Dedicated to helping you

Live Life to the Fullest.

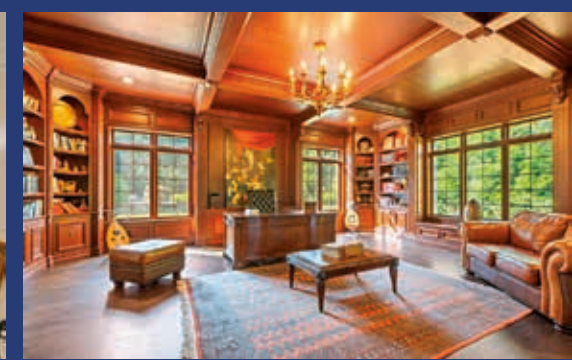
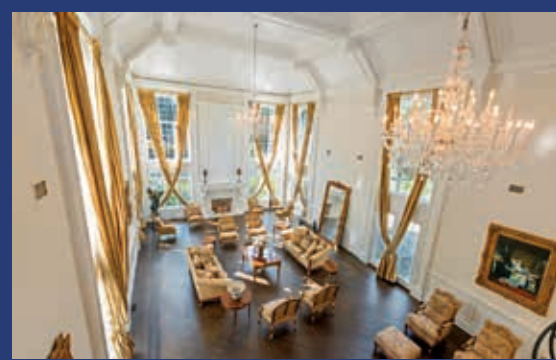
Now accepting new patients!



Upper Saddle River
558 East Crescent Ave
(201) 633-2100
IvyRehab.com



Happy Valentine's Day!



Le Palais

51 Chestnut Ridge Rd, Saddle River NJ:
Listed for \$5,900,000

*All I need in
Life is you
and me and a
New house*



**Mr Saddle River™ and the
Michael Randy Team
Rated #1 in 2025**



**VIDEO
TOUR
AND
WEBSITE**



**COLDWELL BANKER
REALTY**



**THE MICHAEL RANDY TEAM
LUXURY UNLOCKED**

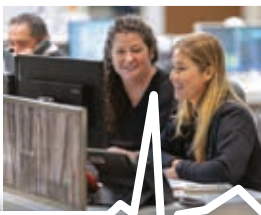
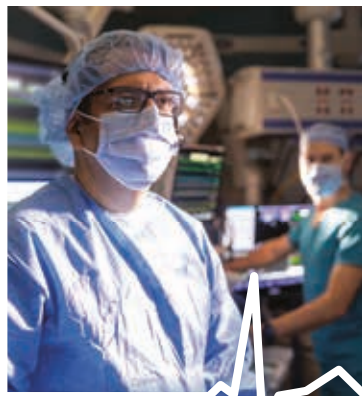
201.327.5050 (o)
201.218.5850 (m)

2 W. Allendale Ave. Allendale, New Jersey

**Heart care is a
team effort.**



**And it begins
with you
at the center.**



**Everything medicine can do.
A few things medicine can't.**

At Valley Health System, your heart health is our priority, and you are the focus of every decision we make. Our specialists take the time to understand your unique diagnosis and needs. Using precise cardiac imaging as a guide, we develop personalized treatment plans that combine advanced therapies, leading-edge technology, and surgical expertise with human-centered care. Because high-quality outcomes don't just come from skill – they come from a team that truly listens, supports, and puts you at the center of your care.

To make an appointment with our heart care team, visit ValleyHealth.com/Heart or call 1-800-VALLEY 1.